



CAMPDEN HOME NURSING

Serving Chipping Campden, Pershore, Broadway,
Evesham, Bredon, Moreton in Marsh, Bidford
and Lower Quinton

Reaching Out!

Christmas
2022



Our Broadway support group gets into the spirit of Christmas, with nurse, Michelle Allen

By your side when you need us most

Free registered nursing care for those living with a life limiting illness who wish to be cared for at home, and holistic support for their families and carers.



Season's Greetings from Campden Home Nursing

Welcome to the Christmas 2022 issue of Reaching Out, the newsletter from Campden Home Nursing. We hope you enjoy reading what we've been up to this year and our plans for 2023.

Please do get in touch if you, or anyone you know, needs our Hospice Care at Home Service, our Serious Illness Support Service or our Bereavement Services over the Christmas season (our Christmas opening hours are at the end of this newsletter).

UPDATE from the CEO

Helen Makaritis



Campden Home Nursing would like to send best wishes to everyone this Christmas.

As we come to the end of another busy year, one of the highlights has been meeting all the visitors that have dropped in or become regulars at Jecca's House.

The number of people we have been able to support has grown steadily throughout the year and once people get through the doors they tend to come back, having had a very warm welcome and great cake! We hope to welcome lots more in 2023. If you haven't got your

Christmas cards yet, then we will be selling them at the Christmas Fair and also raffle tickets for our Grand Campden Christmas Raffle. We have lots of amazing prizes to give away. Thank you to all the local businesses that have donated prizes.

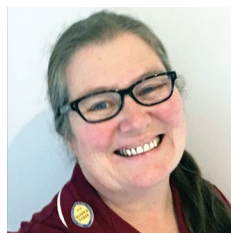
As always, we will be thinking of all our families that are caring for people or have lost their loved ones this Christmas.

We are only closed on the Bank Holidays so will be open if anyone needs any support over the Christmas period. Our wonderful team of nurses work every day of the year, and as ever I would like to thank them, the house and shop staff and our wonderful volunteers for all their hard work.

Best wishes,
Helen Makaritis
CEO, Campden Home Nursing

NURSING NEWS

Heather Barley



What a year! Jecca's House has developed into a wonderful space where patients and carers receive support and care from our dedicated team of specialist nurses. The breadth of activities we offer has increased and is always in response to what our patients tell us they need. We have supported patients who are newly diagnosed, through their treatment pathway, as well as offered ongoing support for those who are in remission.

Our Hospice Care at Home Team is set for a record year of offering over 8,000 free nursing

hours to the communities we serve, enabling more patients to remain in their chosen place of home surrounded by familiar things and those they love. We have also recruited several new nurses, some of whom are relatively young in service which has provided real resilience in our work force as well as ensuring the longevity of our nursing team.

Both services pride themselves on a gentle, compassionate approach to nursing care putting patients and those who matter to them at the centre of all our care decisions. We look forward to welcoming more visitors to Jecca's House and providing even more support to those at home in 2023.

Very best wishes,
Heather Barley
Head of Nursing Services

NURSING STATS 2022

Hospice at Home

- 101 patients
- 592 night sits
- 6,828 nursing hours

Serious Illness Support Service

- 38 new referrals
- 3183 contacts with these patients

Bereavement Services

- 46 referrals
- 283 contacts with these patients

Complementary Therapies

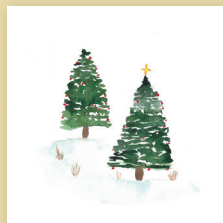
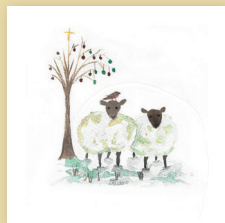
- 13 new referrals
- 33 number of contacts this year

* Figures to 1 November 2022.

2022 Christmas Cards

Our beautiful Christmas cards are selling like hotcakes! A huge thank you to our patient, Jax Russell, who painted the cards at Jecca's House. We still have some for sale online, at our charity shop in Lower High Street, at Page's Farm Shop, Ye Olde Sweet Shoppe and the Post Office in Chipping Campden.

Buy a **pack of 8 cards for £5** and support Campden Home Nursing. You can also buy them online at: www.campdenhomenursing.org/fundraising/for-sale/



2022 HIGHLIGHTS

R&R at Jecca's House

In 2022 we introduced a relaxation therapy group, one-to-one reflexology sessions and M Technique Massage Therapy for those with a serious illness, their carers or anyone who has experienced bereavement.

These services have been introduced to promote well-being and relaxation, and embrace the power of the senses through touch, smell and hearing.

The sessions take place on Tuesdays and are run by Kim Edwards, our Serious Illness Support Nurse. Kim is a registered nurse who has been practising holistic therapies for a number of years and is qualified in reflexology and M Technique Massage Therapy.

The groups have proved very popular, and we will be expanding these services in 2023.



Our Bereavement Services continue to grow

Throughout 2022 we have continued to develop new ways to provide support to members of the local community living with life-limiting illness, as well as their families and carers. We now have a new therapeutic space for our free Bereavement Services and a dedicated indoor space for children's Play Therapy.

The new purpose-built therapeutic space is set in the beautiful garden of Jecca's House. Here, our three qualified bereavement counsellors meet with their teen and adult clients for one-to-one counselling.



More help for bereaved children

Meanwhile, the existing counselling room in Jecca's House has been converted into a Play Therapy room. It received a full make-over to meet practice guidelines and we received some generous donations and help to equip the room.



Here, Trainee Therapeutic Play Practitioner, Anita Dee, supports bereaved children or those facing the impending loss of a loved one, from the age of 4-12 years.

The therapy aims to help children make sense of the loss of someone close to them. Play and art is used as a child's natural form of expression and communication to help them explore and express their feelings.

Please get in touch if you or anyone you know could benefit from bereavement counselling or would like any further information about our Bereavement Services or support group.

Our Charity Shop

Our charity shop at Lower High Street continues to thrive and has made an excellent recovery following COVID-19 lockdowns. The shop is on track for a record breaking year, and our thanks go to Shop Manager, Marion and her amazing team of staff and volunteers.

Campden Home Nursing's Big Christmas Raffle

We have lots of prizes up for grabs, so why not buy a ticket or two to be in with a chance of winning:

- 1 x 4 Ball Golf Voucher Broadway Golf Club
- Family ticket Butterfly Farm
- Family ticket Batsford Arboretum
- Family ticket Sezincote
- Family ticket Birdland
- No 8 Cinema tickets
- Seven day pass at Alveston Manor swimming pool, sauna, steam room and gym
- Meal vouchers at Chipping Campden eateries
- Plus many more prizes including: bottles of wine and gin, our popular Christmas hampers and Christmas cakes etc.

Tickets are £2 each and are available from our charity shop at Lower High Street. You can also buy them online at:

www.campdenhomenursing.org/event/big-christmas-raffle-2/

Please come and say 'hello' to us on our stall on Saturday 3rd December at the Chipping Campden Christmas fair. We will be selling raffle tickets and Christmas cards and Men in Sheds will be taking orders for bird and squirrel tables. We'd love to see you!



PLANS for 2023

After five years of growth we are continuing with the consolidation and advancement of our services for patients and their families. In 2023 we plan to:

- Maintain the growth our Hospice Care at Home service has achieved
- Further expand our complementary therapies
- Continue to grow our Bereavement Services
- Continue to recruit the best candidates to join our strong team of registered nurses, staff and volunteers to foster a warm, cohesive and passionate team
- Continue to strengthen our relationships with the three CCGs (Clinical Commissioning Groups) we work with
- Invest wisely, constantly monitoring spending and reviewing the sustainability of the charity

Breaking news!

As we go to press we are delighted to announce that we have secured a free unit at the Riverside Shopping Centre in Evesham. Here, we will be offering an outreach drop-in service, where the local community can access information about our services. Watch this space for more information, coming soon.

Our Christmas 2022 Opening Hours are as follows: **Normal hours but closed Bank Holidays.**

Our nursing line is always open. Please call: **07780 660141**

Thank You!

We are so grateful to everyone who makes Campden Home Nursing a success, from our nursing, admin and charity shop staff, to our corporate supporters and all of our brilliant volunteers. They all regularly go above and beyond the call of duty to deliver our services and keep Jecca's House running smoothly. The care and compassion shown by all these people is truly remarkable. A huge thank you too, to everyone who supports us by attending events, buying tickets and donating to Campden Home Nursing.

Special thanks

Special thanks this year go to: Rita Down, Campden Quilters, Peter Clarke, Tor Wilkes, Jax Russell, Bretforton Garden Club, Kathryn Thomas, Alison Atkinson and Claire Wunsch, Jecca's Joggers, Beverly Clough, Anthony Lishman and Wendy Riley.

Your donations make a difference

We greatly appreciate every penny we receive here at Campden Home Nursing. Making a donation will help ensure that we can keep our services free of charge for our patients and their loved ones for many years to come.

This could be a one off donation or a regular gift. Thank you so much to all who support us. You can make a donation via our website, or by cheque made out to Campden Home Nursing CIO.

We are always looking for more help, so if you, or anyone you know would like to lend a hand in either our charity shop or the office, please get in touch with **Ali** on **01386 840505** or email: info@campdenhomenursing.org.

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