Jecca's House Current Activities

Monday	Tuesday	Wednesday	Thursday	Friday
Tea & Chat **Daily drop in** 10.30 – 4.00	Tea & Chat **Daily drop in** 10.30 – 4.00	Tea & Chat **Daily drop in** 10.30 – 4.00	Tea & Chat **Daily drop in** 10.30 – 4.00	Tea & Chat **Daily drop in** 10.30 – 4.00
Counselling **Garden Group** 10.30 - 12.30 **Jecca's House Bereavement Café** 14:00 – 15:30 (every 2nd Monday of the month) **Cancer Survivors Group** **(every 1st Monday of the month)** 18:30 – 19:30pm **Jen's Craft Workshop** 5 week course 10:30-12:30 27/02/2023-03/04/2023	**Counselling** **Men In Sheds/She Shed** 10.30– 12.30 **Reflexology** to be booked in advance and subject to availability **Relaxation** 2.30 – 4.00	**Counselling** **Spring Silk Sensations with Mary Day** 4 week course 10:30-12:30 (15/03/2023 – 05/04/2023) **Walking Group with Vin Kelly** 10.30-12.30 (every 1st Wednesday of the month) **Carer's Lunch** 12:30 – 2:00 (every 4th Wednesday of the month)	**Counselling** **Introduction to Water Colour with Jax Russell** 4 week course 10:30-12:30 (02/03/2023-30/03/2023) (20/04/2023-25/05/2023) **Men In Sheds/She Shed** 10.30 – 12.30	**Counselling** **Gardening Group** 10.30 – 12.30 **Mosaics with Lucy Edwards from Cotswold Mosaics** 5 week course 10:30-12:30 (03/03/2023 – 31/03/2023) **Bereavement Support Group** **10.00-12.00** (the last Friday of each month)

- Benefits advice by appointment
- Will writing by appointment
- To register your interest in any of our support groups or workshops, please call us on: 01386 840505
- For more information, please visit our website at: www.campdenhomenursing.org.