

CAMPDEN HOME NURSING

Serving Chipping Campden, Pershore,
Broadway, Evesham, Bredon, Moreton in
Marsh, Bidford and Lower Quinton

Reaching Out!

Spring
2023



Living well at Jecca's House



New Year, new uniform



Craft class with Cotswold Mosaics



Farewell to Mary Rose and Julie!

By your side when you need us most

Free registered nursing care for those living with a life limiting illness who wish to be cared for at home, and holistic support for their families and carers.

Hello from Campden Home Nursing

Welcome to the Spring 2023 issue of Reaching Out, the newsletter from Campden Home Nursing. We hope you enjoy reading what we've been up to so far this year and our plans for the rest of 2023.

Update from the CEO

Helen Makaritis



This year will see further growth in all our services including Hospice at Home nursing hours as well as the expansion of what we offer at Jecca's House to an outreach centre in Evesham and at North Cotswold Hospital in Moreton in Marsh (read the full story opposite for more details). We are expanding our Play Therapy service and thanks to a very kind and generous benefactor, Anita Dee joins us this month from St Catharine's School as our Play Therapist and will be building this service to help as many children as we can who are bereaved or anticipating the death of a loved one. If you know anyone who might benefit from this then please let them know.

We are also putting more focus into fundraising, some will ask why we need to fundraise. The answer is, that whatever funds a charity has in reserves, there isn't a charity in the land that isn't fundraising to remain sustainable. Each year we run at a deficit and this is not sustainable long-term. In an unstable

economic environment, there is no guarantee that our investments will not plummet further, and this must be addressed. With the backing of the trustees we are now putting in place an active fundraising plan to reduce the annual deficit, it costs on average £276 per night to send a nurse into someone's home and we want to ensure that we secure another 33 years of hospice care at home in the community.

If anyone is in doubt just what our nurses mean to people this feedback sums it up:

"I would like to say that your nurses were a lifeline for us as a family in a very dark time. The care and compassion you gave was truly outstanding. Always calm and professional. Your organisation is a shining beacon of compassion and love."

We are really hoping that Campden and the surrounding community come together to support our nursing team in the valuable work they do.

Our thanks go to everyone, including all the businesses, private individuals and families who have supported us, we are grateful for any fundraising events that not only secure our future but also increase our profile which means we will reach more people in the communities we work in.

Best wishes,
Helen Makaritis
CEO, Campden Home Nursing

Nursing News

Heather Barley



The first quarter of this year has been very busy and we have already seen a 5% increase on the same period last year in our Hospice at Home nursing hours, the extension of the support we offer at Jecca's House is being expanded to our new outreach centre days in Moreton and Evesham and we remain busy here at Jecca's House in Campden where we are a real hub for local support I look forward to welcoming more people to the house and our lovely garden this Spring.

Another exciting development for the nursing team is a change in uniform. While historically our nurses have worn burgundy, this is not a colour that represents the values and rich depth of experience within our team. All the registered nurses will now be wearing the more traditional colour of navy, and our healthcare assistants will now wear royal blue. Navy has always been associated with experience and expertise within nursing care, and I look forward to seeing our team in practice wearing

their new uniform with pride, as they uphold the very high standards of care we provide.

Jecca's House remains busy and is a real hub for local support. I look forward to welcoming more people in the house and our lovely garden this Spring.

Very best wishes,
Heather Barley
Head of Nursing Services

Nurses leaving

We have said a sad goodbye to two of our longest serving and much appreciated nurses, due to retirement and relocation. Between them they have given 23 years of nursing to the charity and our patients have benefitted from their outstanding care. We will miss them immensely.



NURSING STATS

up to 31st
March 2023

Hospice at Home

- 40 new referrals
- 203 night sits
- 1994 nursing hours

Serious Illness Support Service

- 14 new referrals
- 831 contacts with these patients

Bereavement Services

- 26 referrals
- 121 counselling hours
- 42 hours of play therapy

Complimentary Therapies

- 28 hours of complimentary therapy given

What's new in 2023?

New Outreach Centre Opens in Evesham

We have recently opened a new Outreach Centre at Riverside Shopping Centre, Evesham, (opposite Coffee Break) so residents from the town and the surrounding area will now be able to access our free support more easily, if they are suffering from a life-limiting illness, they are caring for anyone suffering from a life-limiting illness, or if they are bereaved.

Locals will be able to visit the centre to access information and advice every Tuesday and Thursday, between 9.30am-4.30pm, when there will be a specialist nurse and the Centre Support Manager on hand to give advice, information and comfort to those needing support.



New Outreach Centre for Moreton-in-Marsh

We are delighted to let you know that we are also opening an Outreach Centre in Moreton-in-Marsh, based at the North Cotswold Hospital, Stow Road. We plan to be open every Wednesday, from 10am-4pm. More information to follow soon.



Ring in the changes

by Marion Ward
Shop Manager

We are thrilled we have started the new year with such good results and the shop is really thriving. We have recruited new volunteer helpers and the team is at full strength.

We have also have welcomed two Duke of Edinburgh students from Campden School to help out as part of their award scheme.

We hope you are loving our Spring look and the new seasonal stock. We try very hard to freshen up our displays and rails daily, so there is always something new for our regular customers.

As always, we are grateful for the generous high quality donations that continue to come through the door. There is always something fresh for our customers. New this year is our 'sale rail' - always a good place to start your bargain hunting.

Just to remind you that If you have a larger quantity of items to donate, we can usually arrange collection.

Otherwise, donations can be dropped off at our shop anytime during opening hours, which are 10am - 4pm Monday to Saturday.

Our shop phone number is:

01386 841088

Visit the best of Campden's gardens

Events in 2023

Sheperds Close Open Garden

The stunning **Shepherds Close** garden will be open to the public again on **Saturday 20th May**. Every year, Rita Down opens this gorgeous garden to the public in memory of her beloved husband, Roger, who was a passionate and talented gardener.

This hidden gem, in the heart of the Cotswolds, is 3 acres of beautifully kept and imaginatively planned grounds. And at this time of the year, you'll see the garden at its best.

Thank you to Rita, who is donating funds raised to Campden Home Nursing.

Enjoy wandering around the garden at your leisure. Refreshments available, kindly supplied by Huxleys, Chipping Campden.

£5.00 entry. Tickets on the gate.
Please note, last entry is 2.30pm.

Chipping Campden Open Gardens

Save this date in 2023:
Saturday 17th - Sunday 18th June

Chipping Campden Open Gardens is back again this year and celebrating its 40th year!

This is a great opportunity to visit some stunning Cotswold gardens, kindly opened to the public over the third weekend in June.

Thank you to organisers, Chipping Campden Open Gardens Committee, who have chosen to support Campden Home Nursing, along with Campden Edge and the community First Responders.

This year, The Campden Society has agreed to open Wolds End Orchard on the two days of Open Gardens to add another stop on the itinerary. Details of where to buy tickets and a celebratory Garden Party to be announced soon.

Workshops and Activities






At Jecca's House we help people live well with a life-limiting illness. We are also here for carers of those with a life-limiting diagnosis or the recently bereaved. Our craft workshops, support groups and activities are proving popular, providing a chance to meet others in a similar position, make friends and share experiences.

If you know anyone who could benefit from attending one of groups, please give them our information. See below for the full timetable of groups and activities or visit our website.



Jecca's House Current Activities



Monday	Tuesday	Wednesday	Thursday	Friday
 Tea & Chat Daily drop in 10.30 – 4.00	 Tea & Chat Daily drop in 10.30 – 4.00	 Tea & Chat Daily drop in 10.30 – 4.00	 Tea & Chat Daily drop in 10.30 – 4.00	 Tea & Chat Daily drop in 10.30 – 4.00
Counselling Garden Group 10.30 – 12.30 Cancer Survivors Group (every 1 st Monday of the month) 18.30 – 19.30pm	Counselling Men In Sheds/She Shed 10.30 – 12.30 Reflexology to be booked in advance and subject to availability Relaxation 2.30 – 4.00	Counselling Spring Silk Sensations with Mary Day 5 week course (19.4.2023, 26.04.2023, 03.05.2023, 24.05.2023, 31.05.2023) 10:30-12:30 Walking Group with Vin Kelly 10.30-12.30 (every 1 st Wednesday of the month) Carer's Lunch 12:30 – 2:00 (every 4 th Wednesday of the month)	Counselling Introduction to Water Colour with Jax Russell 6 week course (20.4.2023, 27.04.2023, 04.05.2023, 11.05.2023, 18.05.2023, 25.05.2023) 10:30-12:30 Men In Sheds/She Shed 10.30 – 12.30	Counselling Mosaics with Lucy Edwards from Cotswold Mosaics 6 week course (14.04.2023, 21.04.2023, 28.04.2023, 05/05/2023, 12.05.2023, 19.05.2023) 10:30-12:30 Gardening Group 10.30 – 12.30 Bereavement Support Group 10.00-12.00 (the last Friday of each month)

- Benefits advice by appointment.
- To register your interest in any of our support groups or workshops, please call us on: 01386 840505.
- Will writing by appointment.
- For more information, please visit our website.

Thank You!

We are so grateful to everyone who makes Campden Home Nursing a success, from our nursing, admin and charity shop staff, to our corporate supporters and all of our brilliant volunteers. They all regularly go above and beyond the call of duty to deliver our services and keep Jecca's House running smoothly. The care and compassion shown by all these people is truly remarkable. A huge thank you too, to everyone who supports us by attending events, buying tickets and donating to Campden Home Nursing.

Special thanks

Special thanks this year go to: Rita Down, Campden Quilters, Peter Clarke, Tor Wilkes, Jax Russell, Brettforton Garden Club, Kathryn Thomas, Alison Atkinson and Claire Wunsch, Jecca's Joggers, Beverly Clough, Anthony Lishman and Wendy Riley.

Your donations make a difference

We greatly appreciate every penny we receive here at Campden Home Nursing. Making a donation will help ensure that we can keep our services free of charge for our patients and their loved ones for many years to come.

This could be a one off donation or a regular gift. Thank you so much to all who support us. You can make a donation via our website, or by cheque made out to Campden Home Nursing CIO.

We are always looking for more help, so if you, or anyone you know would like to lend a hand in either our charity shop or the office, please get in touch with **Ali** on **01386 840505** or email: info@campdenhomenursing.org.

Scan this
code to
donate
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