








# Jecca's House Activities

Monday	Tuesday	Wednesday	Thursday	Friday
 Tea & Chat	 Tea & Chat	 Tea & Chat	 Tea & Chat	 Tea & Chat
<b>Daily drop in</b> 10.30 - 15.00	<b>Daily drop in</b> 10.30 - 15.00	<b>Daily drop in</b> 10.30 - 15.00	<b>Daily drop in</b> 10.30 - 15.00	<b>Daily drop in</b> 10.30 - 15.00
<b>Counselling</b>  <b>Gardening Group</b> 10.30 - 12.30  <b>Bereavement Café</b> 14.00 - 15.30 2 <sup>nd</sup> Monday of each month	<b>Counselling</b>  <b>Men In Sheds/She Shed</b> 10.30- 12.30  <b>Relaxation</b> 14.30 - 16.00	<b>Counselling</b>  <b>Silk Painting with Mary Day</b> 10.30 - 12.30 (Please call to register)  <b>Jecca's Caring Lunch</b> 12.30 - 14.00 (Every 4 <sup>th</sup> Wednesday of the month)	<b>Counselling</b>  <b>Art Group with Jax Russell</b> 10.30 - 12.30 (Please call to register)  <b>Men In Sheds/She Shed</b> 10.30 - 12.30  <b>Jecca's Support Group</b> 3.00 - 4.30 (Every 4 <sup>th</sup> Thursday of the month)	<b>Gardening Group</b> 10.30 - 12.30  <b>Tea and Chatter</b> 10.00 - 12.00 Every two weeks (Please call to confirm dates)  <b>Bereavement Support Group</b> 10.00 - 12.00 (The last Friday of each month)

To register your interest in any of our support groups or workshops, please call us on: 01386 840505

For more information, please visit our website at: [www.campdenhomenursing.org](http://www.campdenhomenursing.org).